

**PHYSICIAN RELEASE**

(ALL NEW PARTICIPANTS MUST HAVE THIS FORM COMPLETED PRIOR TO PARTICIPATING IN EQUINE ASSISTED ACTIVITIES)

*TO PHYSICIAN COMPLETING RELEASE,*

*This person is registering to participate in Equine Assisted Activities and Therapies. Horseback riding has inherent risks; however, some medical conditions are contraindicated due to the balance and trunk control required. Please consider this when completing this form.*

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Primary Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Secondary Diagnosis: \_\_\_\_\_

Height \_\_\_ft \_\_\_in Weight \_\_\_\_\_ lbs. Date of Last Tetanus Shot: \_\_\_\_\_

Down Syndrome: Neurological Symptoms of Atlantoaxial Instability: Present \_\_\_\_\_ Absent \_\_\_\_\_

Date of AI testing: \_\_\_\_\_ Result: \_\_\_\_\_

**Please Mark All That Apply To this Patient**

Asthma	Inhaler	EpiPen	Allergies - Type	
Independent Ambulation	Walker	Wheelchair	Brace - Type=	Catheter Type=

**For Patients Who Use a Wheelchair, Please Circle**

Wheelchair Only Aids Ambulation Sometimes	Sits Up Unassisted
Support Through Trunk Required	Full Support of Head and Neck Required

**Please Indicate All Areas Involved**

	Description
Cardiovascular	
Spinal Condition i.e., Spina Bifida, Scoliosis, Fusion, Injury	
Medical Device Implanted (insulin pump, catheter, colostomy)	
Diabetes	
Musculoskeletal – Body Part	
Bleeding or clotting disorders	
Neurological condition	

Mental Health Crisis	
Pulmonary condition	
Have altered sensation? (specify)	

**For Patient's with a History of Seizures**

Date of Last Seizures \_\_\_\_\_ Frequency of Seizures \_\_\_\_\_

Type of Seizures \_\_\_\_\_

Typical Causes of Seizure Activity \_\_\_\_\_

How does Seizure Present \_\_\_\_\_

**TO BE COMPLETED BY PHYSICIAN ONLY**

I have examined the above-named participant and, given the participant's diagnosis and health history, this person does not present apparent clinical contraindications for equine sports. I understand The Therapeutic Riding Institute will weigh the medical information provided against the existing precautions and contraindications; therefore, I refer this person to The Therapeutic Riding Institute for ongoing evaluation to determine eligibility for participation.

- I Agree There Are No Contraindications to Mounted Riding Lessons
- Mounted Riding Lessons is NOT Recommended, but Unmounted Lessons are Not Limited
- Restrictions include \_\_\_\_\_

Physician name (please print) \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

Medical Practice Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

*Please Return Completed Form to Participant or  
**TRI**  
3960 Middle Run Road, Spring Valley, OH 45370  
Email to: [KCorbett@TRIOhio.org](mailto:KCorbett@TRIOhio.org)*